

## VIENNOISERIES

|                                                                           |       |
|---------------------------------------------------------------------------|-------|
| CROISSANT <i>egg, wheat (gluten), milk</i>                                | £3.50 |
| PAIN AU CHOCOLAT <i>egg, wheat (gluten), soybeans, milk</i>               | £3.80 |
| PAIN AUX RAISINS <i>egg, wheat (gluten), milk</i>                         | £4.95 |
| VEGAN CINNAMON ROLL <i>wheat (gluten), almond (nuts), soyabeans</i>       | £4.95 |
| SUMMER FRUITS DANISH <i>milk, wheat (gluten), egg,</i>                    | £4.95 |
| APRICOT DANISH <i>milk, wheat (gluten), egg, almond (nuts), sulphites</i> | £4.95 |
| MOCHA BUN <i>milk, wheat (gluten), egg, soyabeans</i>                     | £4.95 |
| CROISSANT AUX AMANDES <i>milk, wheat (gluten), egg, almond (nuts)</i>     | £5.20 |
| <br>                                                                      |       |
| VANILLA MADELEINE <i>wheat (gluten), egg, milk, soybeans</i>              | £3.00 |
| CHOCOLATE MADELEINE <i>wheat (gluten), egg, milk, soybeans</i>            | £3.00 |
| CHOCOLATE CHIP COOKIE - <i>egg, wheat (gluten), milk, soybeans</i>        | £3.50 |
| CHOUQUETTE BAG OF 10 - <i>egg, wheat (gluten), milk</i>                   | £4.20 |

## BREAKFAST

|                                                                                                                                                   |        |
|---------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| CROQUE MADAME toasted sandwich with ham, Comté cheese and Gruyère cheese, béchamel sauce, fried egg - <i>wheat (gluten), egg, milk, sulphites</i> | £12.50 |
| CROQUE-MONSIEUR toasted sandwich with ham, Comté cheese, béchamel sauce <i>wheat (gluten), milk, sulphites</i>                                    | £10.50 |
| HAM, CHEESE & EGG BUN <i>wheat (gluten), egg, milk</i>                                                                                            | £10.00 |
| SMOKED SALMON, AVOCADO & EGG BUN <i>wheat (gluten), egg, milk, fish</i>                                                                           | £12.00 |
| FRIED EGGS <i>egg, avocado, crispy bacon, sourdough bread - egg, milk, wheat (gluten)</i>                                                         | £10.50 |
| AVOCADO TOAST toasted sourdough, avocado, olive oil - <i>wheat (gluten)</i>                                                                       | £7.90  |
| SMOKED SALMON & AVOCADO TOAST toasted sourdough, avocado, smoked salmon, ponzu sauce - <i>wheat (gluten), fish, soybeans, sulphites</i>           | £13.90 |
| GOAT'S CHEESE & TOMATO CROISSANT homemade croissant, goat's cheese, tomato, basil pesto - <i>wheat (gluten), milk, egg</i>                        | £7.10  |
| HAM & CHEESE CROISSANT homemade croissant, béchamel sauce, ham and Emmental - <i>wheat (gluten), milk, egg</i>                                    | £7.10  |
| YOGHURT GRANOLA POT <i>milk, nuts, wheat (gluten)</i>                                                                                             | £5.20  |
| FRESH SEASONAL FRUIT BOWL                                                                                                                         | £5.20  |
| VEGAN CHIA SEED PUDDING coconut milk, chia seeds, passion fruit & mango coulis, maple syrup                                                       | £5.20  |

## BREADS

|                                                         |       |
|---------------------------------------------------------|-------|
| BAGUETTE <i>wheat (gluten)</i>                          | £3.00 |
| MULTIGRAIN BAGUETTE <i>wheat (gluten), sesame seeds</i> | £3.40 |
| SOURDOUGH <i>wheat (gluten)</i>                         | £7.00 |
| SEEDED SOURDOUGH <i>wheat (gluten), sesame seeds</i>    | £7.20 |
| PAIN DE MIE <i>wheat (gluten), milk, egg</i>            | £7.50 |

## DELI FOOD

|                                                                                                                                                                        |                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>LASAGNA</b> pasta, beef, tomato sauce, mozzarella, Parmesan, carrot, celery, onion, olive oil, béchamel sauce - <b>wheat (gluten), milk, egg, celery, sulphites</b> | £9.55          |
| <b>VEGETARIAN LASAGNA</b> zucchini, bechamel sauce, pesto, grana padano - <b>milk, egg, wheat(gluten)</b>                                                              | £9.55          |
| <b>ROAST CHICKEN</b> - <b>milk</b>                                                                                                                                     | £7.00 /portion |
| <b>MARINATED CHICKEN</b> in Cajun spices and mustard - <b>mustard</b>                                                                                                  | £7.00 /portion |
| <b>ROAST BEEF</b> - <b>milk</b>                                                                                                                                        | £7.00 /portion |
| <b>CORONATION CHICKEN</b> - <b>sulphites, mustard, celery</b>                                                                                                          | £7.00 /portion |
| <b>SMOKED SALMON</b> - <b>fish</b>                                                                                                                                     | £9.70 /portion |
| <b>TUNA MAYO</b> - <b>fish, egg, mustard, sulphites</b>                                                                                                                | £7.20 /portion |

## SALADS

|                                                                                                                                                                     |                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>CAESAR SALAD</b> roasted chicken, baby gem, bacon, croutons, Parmesan, tomato - <b>milk, fish, wheat (gluten), sulphites, mustard, egg</b>                       | £9.90          |
| <b>NICOISE SALAD</b> baby gem, cherry tomato, green beans, olives, tuna, egg, sliced peppers - <b>fish, egg, sulphites</b>                                          | £9.90          |
| <b>GREEK SALAD</b> tomato, cucumber, feta cheese, olives, red onion - <b>milk</b>                                                                                   | £5.50 /portion |
| <b>CARROT SALAD</b> carrot, lime, coriander, spring onion - <b>sulphites</b>                                                                                        | £5.50 /portion |
| <b>COLESLAW</b> white cabbage, red cabbage, carrot, honey dressing, pickled raisins - <b>mustard, egg, sulphites</b>                                                | £5.50 /portion |
| <b>RATATOUILLE</b> mix of vegetables - <b>sulphites</b>                                                                                                             | £5.50 /portion |
| <b>CUCUMBER SALAD</b> yogurt, dill, mint <b>milk</b>                                                                                                                | £5.50 /portion |
| <b>WATERMELON SALAD</b> feta, mint, balsamic glaze - <b>milk, sulphites</b>                                                                                         | £5.50 /portion |
| <b>TOMATO SALAD</b> basil, balsamic glaze - <b>sulphites</b>                                                                                                        | £5.50 /portion |
| <b>CHICKPEAS SALAD</b> chickpeas, venduya, piquillo peppers, fried halloumi - <b>sulphites, milk</b>                                                                | £5.50 /portion |
| <b>GREEN LEAVES SALAD</b> mixed leaves salad, cherry tomatoes, cucumber, orange                                                                                     | £5.50 /portion |
| <b>PASTA SALAD</b> strozzapreti pasta, sundried tomatoes, nut-free pesto, marinated artichokes, mini mozzarella balls - <b>wheat (gluten), milk, egg, sulphites</b> | £5.50 /portion |

## SANDWICHES

|                                                                                                                                                                                                  |       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>HAM &amp; CHEESE BAGUETTE</b> demi baguette with Emmental, ham, butter - <b>wheat (gluten), milk</b>                                                                                          | £6.00 |
| <b>CHORIZO BAGUETTE</b> demi baguette, chorizo, crushed tomatoes - <b>wheat (gluten), sulphites</b>                                                                                              | £7.00 |
| <b>SMOKED SALMON BAGUETTE</b> seeded demi baguette, smoked salmon, cream cheese, lemon, dill, cucumber - <b>milk, fish, wheat (gluten), egg sesame, sulphites, mollusc</b>                       | £8.50 |
| <b>CAPRESE BAGUETTE</b> seeded demi baguette, tomatoes, mozzarella, nut free pesto - <b>wheat (gluten), milk, sesame seeds, sulphites</b>                                                        | £7.00 |
| <b>ROAST BEEF BAGUETTE</b> seeded demi baguette, roast beef, avocado semi dried tomatoes, gherkins, mayo, baby gem- <b>egg, wheat (gluten), sulphites, mustard, sesame</b>                       | £8.00 |
| <b>CHICKEN FOCACCIA</b> toasted focaccia with halal chicken, spicy sauce, baby gem, sun-dried tomatoes, gherkins, avocado - <b>egg, wheat (gluten), sulphites, fish, milk, mustard, soybeans</b> | £7.00 |
| <b>QUICHE LORRAINE</b> bacon, cream cheese, egg - <b>wheat (gluten), egg, sulphites, milk</b>                                                                                                    | £6.90 |
| <b>VEGETARIAN QUICHE</b> courgette, Grana Padano, egg - <b>wheat (gluten), egg, sulphites, milk</b>                                                                                              | £6.90 |
| <b>QUICHE SALMON AND BROCCOLI</b> smoked salmon, broccoli, Emmenthal cheese, egg - <b>wheat (gluten), egg, milk, fish, sulphites</b>                                                             | £7.30 |

## PÂTISSERIES

|                                                                                                                                            |        |
|--------------------------------------------------------------------------------------------------------------------------------------------|--------|
| LEMON CHEESECAKE - <i>milk, wheat (gluten), soybeans, egg</i>                                                                              | £8.50  |
| PARIS BREST - <i>wheat (gluten), milk, egg, nuts (hazelnut), soybeans</i>                                                                  | £8.50  |
| CHOCOLATE DELICE - <i>milk, egg, wheat (gluten, barley), soybeans, hazelnut, almond (nuts)</i>                                             | £8.50  |
| CHOCOLATE ECLAIR - <i>milk, egg, wheat (gluten), soybeans</i>                                                                              | £8.50  |
| MANGO AND COCONUT ECLAIR - <i>milk, egg, wheat (gluten), soybeans, almond (nuts)</i>                                                       | £8.50  |
| LEMON MERINGUE TART <i>lime curd, lemon confit, swiss meringue - milk, fish, egg, soybeans, wheat (gluten), almond (nuts)</i>              | £8.50  |
| MACARONS BOX OF 5 (VANILLA, CHOCOLATE, STRAWBERRY, PISTACHIO, LEMON - <i>milk, egg, wheat (gluten), nuts (almond, pistachio), soybeans</i> | £13.90 |

## CAKE OF THE DAY

|                                                                             |              |
|-----------------------------------------------------------------------------|--------------|
| LEMON DRIZZLE CAKE - <i>milk, egg, sulphites, wheat (gluten)</i>            | £4.00/ slice |
| CHOCOLATE AND CHERRY TART - <i>milk, egg, wheat (gluten), almond (nuts)</i> | £4.50/ slice |
| APPLE AND BLACKBERRY TART - <i>milk, egg, wheat (gluten), almond (nuts)</i> | £4.50/ slice |
| PEAR AND RASPBERRY TART - <i>milk, egg, wheat (gluten), almond (nuts)</i>   | £4.50/ slice |
| PEACH MELBA TART - <i>milk, egg, wheat (gluten), almond (nuts)</i>          | £4.50/ slice |
| APPLE CINNAMON TART - <i>milk, egg, wheat (gluten)</i>                      | £4.50/ slice |
| MIXED BERRY TART - <i>milk, egg, wheat (gluten), almond (nuts)</i>          | £4.50/ slice |